



10 DAYS AND 10 WAYS TO \$500

Here's what is important to know: The key to fundraising success is simple—you just need to ask! Tell your friends, family, and colleagues why JDRF and type 1 diabetes (T1D) is important to you, and take the challenge to raise \$500 for the JDRF Walk to Cure Diabetes. In just 10 days, you can be a T1D Hero!

DAY 1

Show your commitment! Start by making your own donation of \$25, \$50 or more. Set up your personal fundraising page at walk.jdrf.org and unlock the fundraising tools you need to get the word out today.

DAY 2

Ask two family members for \$25 each.

DAY 3

Ask a business you frequent to donate \$25. Your dry cleaner, hair stylist, and regular coffee shop are great places to start. Bought a new car or refinanced your home? Those professionals often make charitable donations based on their customers' requests. You just need to ask!

DAY 4

Ask five co-workers to sponsor you for \$20 each. Does your company offer a matching gift program? If so, this is a great way to double your co-workers impact!

DAY 5

Ask your boss for a company contribution of \$100.

DAY 6

Ask five people you know from your extracurricular sports team, your child's school, or your place of worship to donate \$10 each.

DAY 7

Ask five friends to donate \$20 each. Send emails from your personal Participant Center to ask for support and give your friends a safe and secure way to make a credit card donation to your fundraising efforts.

DAY 8

Turn it around! Ask someone who has asked you to support their cause to support you for \$25.

DAY 9

Ask your company about a matching gift.

DAY 10

Use Facebook.

Our Fundraise with Facebook app can help you reach the \$500 milestone mark. Once you get the word out, you will be surprised at those individuals who will support you—a high school friend, a college roommate, a former co-worker, or one of your child's former coaches or babysitters. People want to support you—they just need to be asked!

REGISTER TODAY
WALK.JDRF.ORG